

Young Adult LIFE: Faith Development

2023 NAD DIT Sabbath School Conference

Date: September 16, 2023

Time: 6:30-7:30pm (eastern) Workshop 5

Place: Virtual NAD Do It Together Sabbath School Conference

Presenter: Tracy Wood, NAD Youth & Young Adult Min Director



Welcome, Introductions, Prayer

- Post in the Chat:
 - Your Name
 - Your Church Name
 - Your Conference Name
 - Your Church Setting (rural, suburban, urban, institutional)

- 1. Young Adult LIFE – a Discipleship Framework of Young Adult Ministry in the NAD
 - a. Mission Statement: Young Adult LIFE connects and empowers an emerging generation of leaders to be cultural changemakers in their church, their career, and their community. (see Young Adult LIFE Handout for all the details)
 - b. Recommend – get the 71.5 Magazine, Young Adult L.I.F.E. Digital Issue
<https://www.715youthmag.com/product-page/young-adult-l-i-f-e-issue>

- 2. F = Faith Development – Nurturing Christ-centered spiritual growth, biblical learning, and worship
 - a. Developing Spirituality – Nurture spiritual desires, understand “owning” one’s faith, engage in personal devotional practices.
 - b. Learning & Teaching – Participate in Biblical discovery, focus on spiritual renewal, develop ways for sharing your faith experiences.
 - c. Worshiping Together – Engage in Jesus-centered praise, be involved in a small group community, participate in corporate worship.

- 3. Questions to Ponder, Pray, and Reflect on Now
 - a. What are my next steps in nurturing my own spiritual desires and faith development?
 - b. How can I make the application of learning & teaching in the Sabbath School setting where I serve?
 - c. Who are those around me that I already do life together with? What would it take to gather together weekly for a small group community Jesus-centered experience?